

# News Letter 2024



2024



February

## New year. New Resources Counselors' Summit

Earlier this month, school counselors and other youth serving professionals convened for a summit hosted by the Parker County System of Care. The summit aimed to facilitate networking opportunities and highlight the significance of self-care, community partnerships, and Teen Dating Violence Awareness Month awareness.

A huge THANK YOU to Intentional Hearts, John Enright, the SOC Governance Board, Parker County, and Weatherford College!



### Core Values Spotlight: Trauma-Informed Care

Understanding trauma and trauma-specific interventions is crucial for trauma survivors and service systems. Trauma-informed care, based on SAMHSA's six key principles, shapes how trauma is addressed and treatments deployed for better outcomes: (1) Safety, (2) Trustworthiness and Transparency, (3) Peer Support, (4) Collaboration and Mutuality, (5) Empowerment, Voice, and Choice, (6) Cultural, Historical, and Gender Issues

Learn more at: <https://txsystemofcare.org/initiatives/trauma-informed-care/>

Creating services Together, for more **Healthy youth**  
and families, that are **Renewable, Innovative,**  
**Viable, and Equitable**

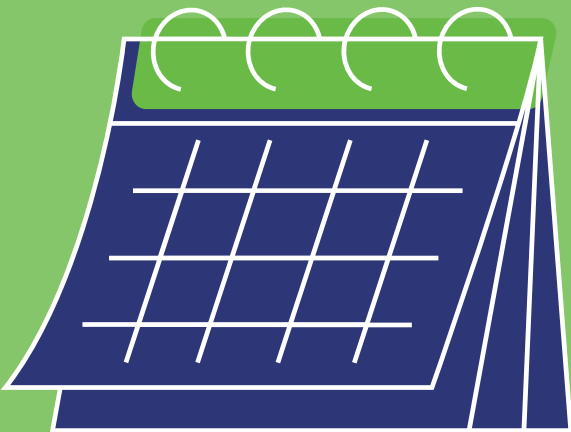


## Youth Peer Groups

Our Youth Peer Support Specialist, Alicia Whitaker, along with the SOC Project Director, Ashley Lilavois, have successfully introduced Youth Peer Groups at Springtown High School, Porcupine Academy, and Weatherford High School (as shown on the right). These groups provide students with a safe space to engage with their peers and have meaningful discussions on mental health-related subjects.



## Upcoming Events



- **3/20/24: Monthly SOC Meeting, Hosted by Unity Recovery**
- **4/17/24: Monthly SOC Meeting, Hosted by CASA Hope for Children**
- **4/22/24: Children's Mental Wellness Day in Parker County Proclamation Presentation**
- **4/24/24: Parker County Family Wellness Fair (see flyer below)**

*If you or someone you know is experiencing a mental health crisis, Pecan Valley Centers crisis services are available 24 hours a day, 365 days a year by calling 1-800-772-5987*

Door Prizes  
and Free  
Haircuts!!!

**FREE EVENT!!!**

*Parker County*  
**FAMILY  
WELLNESS  
FAIR**

**April 24, 2024**  
3 p.m. - 6 p.m.

Weatherford College Emerging  
Technology Building (3rd floor)  
**225 College Park Dr,**  
**Weatherford, TX 76086**

Contact [alilavois@pecanvalley.org](mailto:alilavois@pecanvalley.org)  
for more information

